

“METAMORPHOSIS” OF A HUMAN MIND AND BODY

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ABSTRACT

The human mind exercises incredible power over the physical body. The coordination and well balance of the mental processes and physical activities has been a subject of talk since ages. Most of the times, the thoughts and emotions in us lead to a chaotic state that overshadows the proper thinking and acting ability of our mind. Through this research, the resulting frenzy paranoid condition where the mind-body communication turns preposterous and vacuous is analyzed.

The absurdist fiction, *The Metamorphosis*, by Franz Kafka, produced in 1915 and the short psychological thriller film directed by Christopher Nolan, *Doodlebug*, focuses on the philosophical problems turning up from the relationship between the mind and the body. The paper tries to unravel the series of mental changes the characters undergo. These changes eventually symbolize the alienation of such humans from the humans of the outside world. In the plot of *The Metamorphosis*, it seems at first to be about the protagonist's physical transformation into a 'monstrous vermin' and his family's desperate attempts to cope up with it. The paper tries to explore how evidently the writer is successful in bringing the character's oppositely connected human mind and bug-like body in-coherence; just as in Nolan's *Doodlebug* too, in which the doodlebug is really a miniature of the chasing man.

KEYWORDS: Mind, Body, Relation, Coherence, Metamorphosis, Doodlebug, Absurdist Fiction, Paranoia & Transformations